



# Sean Coulshed

Team BWS

Sport at School – Rugby and Basketball  
Sport now – Rugby and Cycling

1. What made you decide to take A Level PE as part of your 6th form studies?

Biology - interest in anatomy and physiology and required for physio undergraduate applications

D.T. - enjoyed it at GCSE and the teachers were good. Added some variation to the week.

Maths (AS) - enjoyed at GCSE, strong subject for applications

2. Having finished Year 13, give us some idea of the pathway that you took in terms of further studies or career choices

Enjoyed PE throughout my lower and middle school years with a passion for sport. It made sense to take alongside biology to help out with physiology and learn about biomechanics which was helpful for physiotherapy.

Having finished Year 13, give us some idea of the pathway that you took in terms of further studies or career choices.

I did a Sport Science BSc at the University of Cumbria and then did a 2-year Physiotherapy MSc at Brunel University.

3. Where has this led you to at the present time and what are your plans for the future?

Since finishing my MSc, I have worked for Vita Health Group which provides NHS physio services, private and occupational health physio services as well as being a mental health service provider. I am due to start a band 7 role in January within the NHS physio team. I also work part time for Hampstead rugby team as their physiotherapist for both Men and Women's teams.

Humility, Enjoyment, Respect, Resilience, Discipline