

## BISHOP WORDSWORTH'S SCHOOL

### PERSONAL, HEALTH, RELATIONSHIPS AND SOCIAL EDUCATION POLICY

#### **Definitions:**

1. *'Parent(s)' includes guardian(s) or any person who has parental responsibility for the pupil or who has care of the pupil.*
2. *'Is to', 'are to' and 'must' are obligatory. 'Should' is not obligatory but is good practice and is to be adhered to unless non-compliance can be justified.*

1. The Bishop Wordsworth's School (the School) community believes that encouraging its members to adopt healthy and socially responsible lifestyles should be integral to the ethos and curriculum of a Christian school and is a vital part of preparing its pupils to lead independent lives. Pupils will be provided with accurate information about health and related matters (e.g. sex education, drugs awareness) and the values, attitudes and behaviours that influence decision making. Pupils will be encouraged to consider how different lifestyle choices affect health, well-being and social relations. The School will promote awareness of and concern for the rights, duties and obligations of members of a democratic, tolerant and pluralistic society.
2. The values underpinning the delivery of Personal, Health, Relationships and Social Education (PHRSE) and Citizenship at the School are derived from the Judeo-Christian cultural tradition with great emphasis placed upon respect for the individual; tolerance of the faith/ beliefs and opinions of others while stressing the importance of the free will, rights, duties and obligations of the individual in society. The views and values of all faith traditions, and those of no faith, will be respected – the only qualification being that this should be reciprocal.
3. Relationships and Sex Education (RSE) is taught as part of PHRSE. Further information on RSE can be found in the RSE Policy.
4. Parents have an important role to play in pupils' personal, health, relationships, sex, and citizenship education and we welcome comments, suggestions and contributions from this source.
5. **Confidentiality.** In general, within the context of PHRSE, pupils may express opinions, seek information and ask advice in the knowledge that such matters will be deemed confidential. The aim is to promote a climate of mutual trust in which pupils will feel secure raising sensitive issues and concerns for discussion. There may, however, be some cases (e.g. disclosures that raise safeguarding concerns, or where matters are specified in law by, for example the Children Act) when confidentiality is not appropriate.
6. **Aims.** Pupils are to be:
  - a. Provided with information appropriate to their age/ maturity on key matters relevant to their physical, mental and social development.
  - b. Made aware of and encouraged to consider health and personal issues related to sexual behaviour, drug use (including alcohol and tobacco), diet, personal hygiene and other aspects of lifestyle.

- c. Encouraged to consider personal relationships (ie social, familial and, when appropriate, sexual including Lesbian, Gay, Bisexual and Transgender (LGBT) issues) and the rights, responsibilities and obligations inherent in these.
- d. Encouraged to consider lifestyle choices and their implications.
- e. Informed about such matters as human reproduction, sexual behaviour, harmful sexual behaviour, contraception and STDs.
- f. Equipped with the skills and knowledge to enable them to make informed choices about matters pertaining to their own health and well-being, including making informed choices about use of social media.
- g. Encouraged to consider their roles, obligations and responsibilities in society.

7. **Objectives.** The following is to be promoted:

- a. The development of pupils' self-esteem.
- b. Pupils' awareness of themselves and others.
- c. Pupils' spiritual, moral and cultural awareness.
- d. A reflective, realistic and responsible attitude towards personal, social, health and citizenship issues.
- e. Pupils' abilities to make reasoned judgements and choices about lifestyles based on knowledge, understanding and self-awareness.
- f. An awareness of the importance of taking responsibility for personal health and lifestyle choices.

8. **Evaluation.** The effectiveness of this Policy is to be evaluated by the PHRSE team including periodic consultation with the link governor by the PHRSE Co-ordinator.

9. **Review.** This Policy will be reviewed by Governors annually. It was first adopted on 23<sup>rd</sup> May 1995. The most recent 3 years' review history is below:

8 <sup>th</sup> November 2018	Minor updates
26 <sup>th</sup> November 2019	Minor updates
19 <sup>th</sup> November 2020	No changes
18 <sup>th</sup> November 2021	Renamed from PHSE
28 <sup>th</sup> February 2023	No changes