



# Bishop Wordsworth's School

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Dear Parents/Guardians

With the events of recent weeks, our delivery has moved from the sports field to the sports cloud. We are lucky in the fact we are able to keep a connection with each other via technology and it is opening up a brave new world in terms of what we can deliver and how we deliver it. Before the outbreak we were using video as a means of assessment to review footage and critique, be that the 1<sup>st</sup> team or Y7 athletics. As we go forward, this use of immediate feedback will be key as our students continue to develop their own sports skills.

One program we have been given access to and is being used by the U14-1<sup>st</sup> XV rugby boys in our time off is Coach Logic, a video analysis platform that allows player interaction and match review with each other and their coach. We are in our infancy with it and have 100 days free, but in the knowledge this is a popular platform used across many of our opponents and a variety of sports, this could be a great tool for our teams going forward. If your son plays rugby and is in Y9 upward please ask him to sign up and take a look, there is a variety of match footage for all ages from U14-1XV.

<https://app.coach-logic.com/register/PublicInvited/0sa-Oc892UK0H2ucvs4JtQ>

I have also signed us up to runningCOACH a running tool that designs a specific individual program depending on what your goals are, be it a 5km race or to get better at the long close. The app is endorsed by Paula Radcliffe and I can see that as I write there are 36 boys using it currently across the school. If you would like to access please sign up and use the code BISHOP.

<https://runningcoach.me/>

As well as the above programs, we have compiled a database available on the school website of what we think are some of the best web resources available at this time, from general fitness, wellbeing and yoga to our own sports. You should also have received our fortnightly challenges and weekly PE lessons for years 7-9. Please adapt these as appropriate and have some fun with them.

<https://www.bishopwordsworths.org.uk/main-school/activities/sports-online-directory/>

**Badminton:** Both the KS3 and KS4 sides came through their county rounds unbeaten earning themselves a spot at regionals in Torbay in March; unfortunately like many events we were unable to attend. This was an outstanding result none the less with both sides making it through for the first time in a while.

**Basketball:** Arguably their finest year to date, the U14s were County Champs while the U16A and U16B qualified from their national pools, the B team making it to the last 32, but the match unfortunately was not played. The U19s had the best run in the schools' history making it to the National Quarter Final and beating an eventual finalist in their pool. To be the only state school left in the competition was a huge achievement for all involved.

**Cricket:** The indoor cricket season saw our U13s reach the county finals and make the last four of the competition against some stiff opponents. If we're back before the summer we have matches lined up against Dauntsey's at all age groups and the prospect of Kings, Sydney in July, if they're allowed in!

**Cross Country:** These boys just can't help themselves, 3 placing top 10 at the Regional Final with 8 eventually making it to the National Finals in Liverpool. They continued their form as a team taking local titles at Bryanston with a clean sweep across all age groups.

**Football:** Unfortunately, like the professional game, we have been unable to complete the season, but the boys in Y7-10 would have all progressed from their groups in to the Area Semi Finals with some fine football played along the way and the Y9 made it to the County Quarter Final. The seniors likewise were placed in their County Cup.

**Hockey:** We took a selection of Y7 and Y8 boys across to SCS for a couple of friendly matches. Last year we came unstuck, but under the excellent guidance of Milo and Huw this year we had a couple of fine matches - always a fun afternoon.

**Individual Highlights:** Matthew Stahl won silver in the Southern Counties and earned a place at the Fencing British Youth Championships.

**Rugby:** The 1<sup>st</sup> XV had to wait until March for their National Plate Semi Final against a Dean Close side boasting two England U18s and five Gloucester academy players. The BWS boys more than matched their opponents and were in the game, but in the second half Dean Close stretched the lead and we just couldn't make it up. Once again however the players showed we can more than mix it and compete against the best schools around. My thanks go to Will Murley and Chris Chaddock who captained and vice-captained the side and all the best to our departing seniors.

In between their 15 aside exploits the seniors were the only side to get any rugby 7s in with two group topping performances at Seaford and PGS, beating the likes of Millfield along the way. They were showing good form and it's a great shame to have missed out on Rosslyn Park.

The U14 and U15 boys were also able to play some competitive 7s albeit in house as we hosted the Ultimate Rugby 7s Academy for a talent ID day for which 6 boys were asked to go forward to training camps in the summer.

**Squash:** Mrs Elliott continues to organise in house squash and against other schools. This term a team went down to Bryanston for a highly entertaining match, and we hope to have one with Clayesmore in the near future.

**Table Tennis:** The revolution continues as our boys booked their place in the School Games finals with an unbeaten performance at the local round of matches. Last year they placed 3<sup>rd</sup> in the county, our hope this year is they go one or two further.

**The Future – Fixtures, Kit and Tour:** I have again included our fixture card. All dates and opponents as they are confirmed will be added to the Sports Fixtures calendar. Unfortunately all fixtures are currently cancelled or postponed for the summer term, but all weekend rugby fixtures are detailed and we are still working on our new Schools Sport web page for fixtures and results to complement our already existing Twitter and Instagram (bwssport) feeds.

<https://www.bishopwordsworths.org.uk/main-school/activities/sport/fixtures/>

Finally I am pleased to say we will have 42 tourists on the South Africa 2021 tour and our Lions tests tickets have been secured for the first test at the FNB stadium Johannesburg. Over the next few months I will turn my attention to kit for the tour, while all of our current team wear kit is available to purchase via the link below and the online shop is now open for delivery in the summer.

<https://bws.tsunami-sport.com/>

The term hasn't ended as any of us could have predicted and with many competitions unplayed or unfinished. However what I do know is that we will all come back stronger and hungrier than ever to push on and succeed. Please keep active, stay safe and keep us posted with what you are up to be it our PE lessons, Twitter challenges or your own thing, we'd love to hear from you. I look forward to being back at Britford soon.

Best wishes to all



Richard Demain-Griffiths  
**Director of Sport**